








**JUNE
2009**

Mountain Lakes High School Menu



Monday 8	Baked Breaded Chicken w/ Green Beans	Double Decker Swiss Burger	Turkey & Swiss Ranch Wrap	Chef Salad	Cheesy Baked Ziti	Cheese Steak Pizza	Chef's Choice	
Tuesday 9	Bacon Ranch Chicken Patty on a Whole Wheat Bun	Spicy Chicken Patty on Bun	Egg Salad Wrap	Diced Tomato & Crumbled Egg Salad Over Mixed Greens	Pasta w/ a Hearty Meat Sauce & French Bread	Grilled Fresh Vegetable Pizza	Chicken Parm Wrap	
Wednesday 10	Grilled Cheese Sandwich w/ 12oz Bowl Tomato Soup	California Cheese Steak	Roast Beef Wrap w/ a Horse Radish Sauce	Chicken Caesar Salad	Bowtie Pasta w/ Alfredo Sauce	Three Cheese Pizza	Gyro Hero w/ Lettuce & Tomato	
Thursday 11	Double Decker Bacon Cheddar Burger 	Grilled Chicken On a Whole Wheat Roll	Honey Mustard Turkey Wrap	Egg Salad Stuffed Tomato over Romaine Lettuce	Pasta w/ Pink Sauce w/ Garlic Bread	Meat Lover's Pizza 	Nacho Grande with Beef & Cheese (Served with Assorted Toppings)	
Friday 12	Roast Beef Barge: Sliced Roast Beef & Melted Mozzarella on Garlic Bread	BBQ Rib On a Whole Wheat Bun	Italian Hero w/ Italian Vinaigrette	Garden Salad	Spaghetti & 8 Grain Dinner Roll	Vegetable Pizza	Chicken Fried Rice	
							National Flag Week 	
		Burgers Chicken Patty Cheesesteak Mozzarella Sticks	Turkey Breast Turkey Ham Roast Beef Beef Bologna Genoa Salami Tuna Salad American Cheese	Tossed Salad Deli Salads Garden Salad	Assorted Pasta and Sauces 	Assorted Pizzas 	Yogurt Parfait 	

The Daily Spin, Solar Grill, Pizza Zone, and International Lunch Selections include 2 from your choice of hot vegetables, tossed salad, fresh fruit, fruit juice **and** milk choice

The Cutting Edge Deli Selections include 2 from your choice of lettuce & tomato, fresh fruit, fruit juice **and** milk choice

The Garden Burst Salad Selections include bread **and** milk choice

Also available daily: Assorted cold beverages, homemade soups, fresh and chilled fruit bowl, and bread basket